

## EDIBLE GARDEN



### TAPIOCA

Cassava (*Manihot esculenta*), also known as tapioca or yuca is a woody shrub native to South America and parts of the Caribbean. They grow well in warm, tropical climates. Tapiocas should not be eaten raw due to its potential cyanide toxicity.

The tapioca root has a wide variety of culinary applications, most commonly grinded and processed into flour and starch to be used as thickeners for soups and stews. The black pearls famously found in bubble tea enjoyed across the world is also made from tapioca starch!