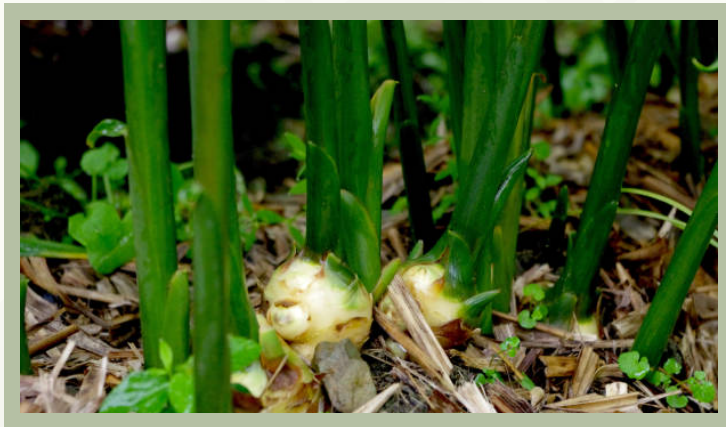


## EDIBLE GARDEN



### GINGER

Ginger (*Zingiber officinale*) is a root stem of a herb originating from Maritime Southeast Asia, with more than 1,300 species across the world. The herb plant is grown mostly in tropical climates, in partial to full shade and fertile, loose soil.

It is one of the most universally used spices in the world, be it in culinary or medical applications. Ginger can be eaten raw or cooked, and is frequently used fresh, dried, ground, pickled or powdered as a spice, due to its zesty and pungent flavor.