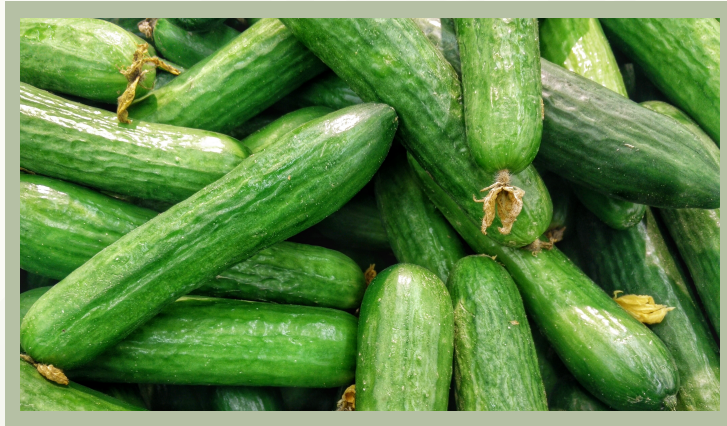


EDIBLE GARDEN



CUCUMBER

The cucumber plant (*Cucumis sativus*) is a creeping vine widely cultivated around the world for its fruit. They are available in many varieties and grow best in warm and humid weather; loose, fertile soil; plenty of sunlight and frames or trellises for gardens with limited space.

Usually eaten raw, cucumbers are notable for their low calorie and high water content. This makes it a great way to stay hydrated in hot and humid Singapore, with the added benefits of essential vitamins and minerals.